Location
The BORG Center is located in Barcelona, a city with a rich cultural heritage and known for its Catalan culture and distinctive architecture, including several UNESCO World Heritage Sites. It is a popular tourist destination and boasts one of the best beaches in the world.
www.borgbcn.com

How to get there
From Barcelona Airport: The center is an 11- to 16-minute drive from the airport by taxi.
From Viladecans: Two buses depart from the train station every 20 minutes approximately, the VB1 and the VB2. Ask the bus driver to stop at the Àngel Arañó/Dos de Mayo bus stop. The center is located two streets down from the bus stop.

Where to stay
AC Hotel Gavà Mar, has a seafront location in a quiet area close to the BORG Center, but a little far away from the center of Barcelona.
www.marriott.com | 4-star

Majestic Hotel & Spa, offers luxurious accommodation in a neoclassical building on Passeig de Gràcia, near shopping areas in the center of Barcelona
www.hotelmajestic.es | TripAdvisor Certificate of Excellence | 5-star

W Barcelona, right on the beach and 30 minutes from the BORG Center, commands fantastic views over Barcelona and has a magnificent design.
www.w-barcelona.com | TripAdvisor Certificate of Excellence | 5-star

Hotel 1898, on La Rambla, is housed in a restored colonial-style nineteenth-century building.
www.hotel1898.com | TripAdvisor Certificate of Excellence | 4-star

Sidome Viladecans is quite new and a 5-minute taxi ride to the BORG Center.
www.sidome.com | TripAdvisor Certificate of Excellence | 3-star

Where to eat
ABaC Restaurant serves Mediterranean/Spanish fusion cuisine.
www.abacbarcelona.com | 2 Michelin stars

Freixa Tradició is a very small and old restaurant offering traditional Catalan food.
www.freixatradicio.com

Ziryab Fusion Tapas Bar serves Spanish cuisine with a Middle Eastern twist.
www.ziryab.es

La Taula is a cozy restaurant providing international cuisine, as well as home favorites.
www.lataula.com

Silvestre is an elegant restaurant that serves international and traditional cuisine with the option of half-portions for every dish.
www.restaurant-silvestre.com

Tast-Ller is a small, exclusive Mediterranean restaurant located down a side alley.
www.tast-ller.com

What to see and do
Take a stroll down La Rambla, the world-famous boulevard stretching about 1.2 kilometers all the way to the Mediterranean Sea.
Wander through the Barri Gòtic (Gothic quarter), the center of the old city.
Visit the Museu Nacional d’Art de Catalunya (Catalonia national art museum).

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— Dr. Xavier Vela Nebot
obtained his degree in dentistry and medicine from the University of Barcelona. He has a private practice in Barcelona dedicated to implantology and prosthetics. He is a co-founder of the BORG Center, conducts research and regularly publishes articles in leading international journals. He has lectured at prominent national and international symposiums.

— Dr. Xavier Rodríguez Ciurana
obtained his degree in medicine and surgery from the University of Barcelona. He has a private practice in Barcelona. He is an associate professor at the European University of Madrid in Spain and is co-founder of the BORG Center.
See Antoni Gaudí’s many masterpieces, seven of which are on the UNESCO World Heritage List, the most famous probably being the Sagrada Familia basilica and the beautiful Park Güell, demonstrating perfect harmony of nature and architecture.

A UNESCO World Heritage Site, Palau de la Música Catalana is a concert hall exemplary of art nouveau architecture. Some of the most important craftsmen and artists of the time were involved in its creation.

Housed in five Catalan-Gothic palazzos dating from the thirteenth and fourteenth centuries, the Museu Picasso is a museum of the artist’s formative years.

El Paral·lel, a vibrant theater district, is your destination for all entertainment and music.

A walk up Montjuïc mountain offers spectacular views.

For a day trip, take an exhilarating hot-air balloon flight over Catalonia with panoramic views of the Pyrenees, Montserrat, Montseny and the Mediterranean Sea.

Previous participants have enjoyed a visit to the FC Barcelona Museum and attending a game as well.

www.fcbarcelona.com

For more information visit: www.barcenaturisme.com

— The BORG Center,
or Barcelona Osseointegration Research Group, is focused on research in oral implantology and its various clinical applications. The center was established in early 2005 when four specialists in oral implantology developed a common protocol with good results to demonstrate that in cases in which the diameter of the pillar is smaller than the diameter of the implant bone loss is ostensibly lower. This research, titled “Benefits of an Implant Platform Modification Technique to Reduce Crestal Bone Resorption,” was published in Implant Dentistry in 2006. Since then, they have lectured worldwide and have produced and collaborated on a number of publications. We enjoy our work and are eager to share it with you.